

Kirsten J. Cunha, DAT, LAT, ATC, CES

Curriculum Vitae

College of Human Sciences and Education
Louisiana State University, Baton Rouge, LA
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EDUCATION

Doctor of Athletic Training University of Florida (Gainesville, FL)	May 2022
BS in Athletic Training Sacred Heart University (Fairfield, CT) <i>Magna Cum Laude</i>	May 2020

ACADEMIC APPOINTMENTS

Assistant Professor – Professional Practice Louisiana State University (Baton Rouge, LA) <ul style="list-style-type: none">• Pre-Athletic Training Concentration Coordinator (August 2024-Present)• Graduate Faculty, College of Health Sciences and Education, School of Kinesiology	August 2023 - Present
Adjunct Instructor Southeastern Louisiana University (Hammond, LA)	August 2023 - December 2023
Clinical Assistant Professor Southeastern Louisiana University (Hammond, LA) <ul style="list-style-type: none">• Clinical Education Coordinator – MS in Athletic Training• Graduate Faculty, College of Nursing and Health Studies, Department of Kinesiology and Health Sciences	May 2022 - July 2023

PROFESSIONAL EXPERIENCE

Athletic Trainer (PRN) Louisiana State University Athletics (Baton Rouge, LA)	June 2023 - Present
Athletic Trainer (PRN) Baton Rouge Orthopedic Clinic Foundation (Baton Rouge, LA)	June 2023 - Present
Athletic Trainer (PRN) Action Medicine Consultants, LLC (Baton Rouge, LA)	June 2023 - Present

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Head Athletic Trainer Spirit Squads, Louisiana State University (Baton Rouge, LA)	June 2023 - June 2024
Volunteer Athletic Trainer Southeastern Louisiana University Athletics (Hammond, LA)	May 2022 - August 2023
Volunteer Athletic Trainer University Athletics Association, University of Florida (Gainesville, FL)	July 2020 - May 2022
Head Athletic Trainer School of Theatre and Dance, University of Florida (Gainesville, FL)	July 2020 - May 2022
Athletic Training Intern Post University Athletics (Waterbury, CT)	August 2019 - March 2020
Operations Intern ESPN Wide World of Sports Complex (Orlando, FL)	January 2019 - August 2019
Operations Intern Walt Disney World Resort (Orlando, FL)	August 2018 - August 2019

SUBMITTED MANUSCRIPTS

Greer BK, Abegg M, **Cunha KJ**, Panton L. Relationship Between Sleep Quantity and Quality and Performance Variables in Female Collegiate Soccer Players. *Journal of Strength and Conditioning Research*.

Cunha KJ, Brown CD. Core stabilization programming reduces low back pain in dancers: A critically appraised topic. *Journal of Sport Rehabilitation*.

PEER-REVIEWED PUBLISHED ABSTRACTS

(†undergraduate student; ‡graduate student)

In Review (2)

‡Haydel J, Kern A, Willis D, Benson A, **Cunha K**, Hirschhorn R. Contralateral anterior cruciate ligament rupture with posterolateral corner injury in a division I football athlete: A Type 3 CASE Study. 2025 National Athletic Trainers' Association Clinical Symposia & AT Expo.

‡Palacios D, Atkinson P, **Cunha KJ**. Cardiac Ablation in a Collegiate Level Athlete: A Clinical Case Report. 2024 National Athletic Trainers' Association Clinical Symposia & AT Expo.

SCHOLARLY PRESENTATIONS

(†undergraduate student; ‡graduate student)

Peer-Reviewed Presentations (1)

‡Haydel J, Kern A, Willis D, Benson A, **Cunha K**, Hirschhorn R. (2025, February 7). Bilateral ACL ruptures in football players: A case study and examination of functional differences and associated factors [Poster &

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Rapid fire presentation]. Southeast Athletic Trainers' Association EducATion Experience & Expo, Atlanta, GA.

Invited Presentations (1)

Cunha KJ, Green RM, Hebert E, Bryan C. (2022 June). Get Ready, Get Set, Go to Grad School! Louisiana Association for Health, Physical Education, Recreation, and Dance (LAHPERD) Conference, Baton Rouge, LA.

TEACHING EXPERIENCE

Instructor of Record

MS in Athletic Training, School of Kinesiology, College of Human Sciences and Education, Louisiana State University, Baton Rouge, LA

ATRN 7001 Introduction to Athletic Training Clinical Practice
ATRN 7002 Protective Taping and Bracing
ATRN 7102 Foundations of Patient Assessment
ATRN 7200 Athletic Training Clinical Practice II
ATRN 7203 Therapeutic Rehabilitation
ATRN 7402 Athletic Training Clinical Skills II
ATRN 7400 Athletic Training Clinical Practice IV
ATRN 7401 Management of Nutrition & Psychosocial Conditions

BS in Kinesiology, School of Kinesiology, College of Human Sciences and Education, Louisiana State University, Baton Rouge, LA

ATRN 2000 Emergency Medical Response
KIN 2400 Introduction to Sports Medicine
KIN 2509 Medical Terminology for Kinesiology
KIN 3000 Clinical Observation in Athletic Training
KIN 4501 Special Topics in Kinesiology: Corrective Exercise Programming

MS in Athletic Training, Department of Kinesiology and Health Studies, College of Nursing and Health Sciences, Southeastern Louisiana University, Hammond, LA

ATHT 612: Emergency Care in Athletic Training
ATHT 613: Emergency Care in Athletic Training Lab
ATHT 621: Foundational Anatomy
ATHT 622: Strength and Conditioning Programs
ATHT 625: Clinical Experiences II
ATHT 631: Therapeutic Modalities
ATHT 632: Therapeutic Rehabilitation
ATHT 635: Clinical Experiences III

BS in Athletic Training, Department of Kinesiology and Health Studies, College of Nursing and Health Sciences, Southeastern Louisiana University, Hammond, LA

ATHT 425: Athletic Training Clinical Skills II
ATHT 462: Administration and Psychosocial Aspects of Athletic Training

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BS in Kinesiology, Department of Kinesiology and Health Studies, College of Nursing and Health Sciences, Southeastern Louisiana University, Hammond, LA

KIN 275: Anatomical Kinesiology

Graduate Teaching Assistant

Doctor of Athletic Training, Department of Applied Physiology & Kinesiology, College of Health and Human Performance, University of Florida, Gainesville, FL

ATR 7210c: Evidence-Based Musculoskeletal Examination I

ATR 7211c: Evidence-Based Musculoskeletal Examination II

ATR 7229c: Diagnostic Imaging for Athletic Trainers

Undergraduate Teaching Assistant

BS in Athletic Training, Department of Physical Therapy and Human Movement Science, College of Health Professions, Sacred Heart University, Fairfield, CT

AT 129: Clinical Practicum I

BS in Exercise Science, Department of Physical Therapy and Human Movement Science, College of Health Professions, Sacred Heart University, Fairfield, CT

EX 255: Nutritional Aspects of Health and Human Performance

Orientation Programs & First Year Experience, Sacred Heart University, Fairfield, CT

FYE 101: First Year Experience

Invited Guest Lectures

Athletic Trainers and the Sports Medicine Team. Invited Lecture for Louisiana State University Health Occupations Students of America, Baton Rouge, LA (Fall 2025)

Pre-Athletic Training and the Pathway to Graduate Programs. Invited Lecture for the Louisiana State University Kinesiology Club, Baton Rouge, LA (Spring 2024).

Prevention of Ankle Injuries in Ballet Dance. Invited Lecture at Tari's School of Dance, Baton Rouge, LA (Spring 2024)

Athletic Training: Historical Perspectives and Future Opportunities. Invited lecture for KIN 120 Foundations of Kinesiology at the Department of Kinesiology and Health Studies, Southeastern Louisiana University, Hammond, LA (Fall 2022)

Reducing Intentional Head-First Contact Behavior in American Football Players: An Evaluation of the 2004 and 2022 NATA Position Statements. Invited lecture for ATR 7211c: Evidence-Based Musculoskeletal Examination II, University of Florida, Gainesville, FL (Spring 2022)

Essentials of Stretching and Flexibility. Invited lecture for Dance Master Class Series at the School of Theatre and Dance, University of Florida, Gainesville, FL (Spring 2022)

Nutrition Choreography. Invited lecture for Dance Master Class Series at the School of Theatre and Dance, University of Florida, Gainesville, FL (Fall 2021)

Emergency action planning for dance educators. Invited lecture for DAE 4300 Dance Teaching Methods at the School of Theatre and Dance, University of Florida, Gainesville, FL (Fall 2021)

SERVICE

Professional Service

National

Member, Dance and Theatre Committee, American Medical Women's Association (2021 –2023)

Regional / District

Scholarship Committee, Southeast Athletic Trainers' Association (2025 - Present)

Quiz Bowl Committee, Southeast Athletic Trainers' Association (2024 - Present)

Webpage Taskforce, Southeast Athletic Trainers' Association (2024-2025)

Abstract Reviewer, Southeast Athletic Trainers' Association (2023 - Present)

Lab Faculty, Southeast Athletic Trainers' Association (2021 - 2023)

State

Committee of Practice Advancement (COPA), Athletic Trainers' Association of Florida (2021 - 2022)

Journal Reviewer

Journal of Sport Rehabilitation

University Service

Louisiana State University

Faculty Advisor, Louisiana State University Athletic Training Student Association (Fall 2023 - Present)

Hands Only CPR Instructor for LSU Athletics auxiliary staff (Spring 2024-Present)

Member, Search Committee for Open-Rank Tenure-Track Faculty Position in the area of Behavioral, Psychological, and Pedagogical Sciences (Fall 2023)

LSU Safe Space Ally Training (Fall 2023)

University of Florida

University of Florida School of Theatre and Dance Functional Movement, and Flexibility Screening (September 2021)

University of Florida Reserve Office Training Corps Functional Movement, and Flexibility Screening (September 2021)

College / Department / Program Service

School of Kinesiology, College of Human Sciences and Education, Louisiana State University

Kinesiology Faculty Learning Community (Fall 2024-Present)

Pre-Athletic Training Concentration Coordinator (Fall 2024-Present)

Member, Graduate Scholarships Committee (Fall 2024-Present)

Speaker, LSU's Eye of the Tiger event, Spring 2024

Destination LSU Faculty Volunteer for the School of Kinesiology, Spring 2024

Reviewer, Graduate Applications – MS in Athletic Training (Fall 2023-Present)

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Development of MS in Athletic Training recruitment materials (Fall 2023-Present)

LSU MSAT Clinical Site Visitor (Fall 2023-Present)

LSU MSAT Program Preceptor (Fall 2023-Present)

Kinesiology Kick Off Events (Fall 2023- Present)

Department of Kinesiology and Health Sciences, College of Nursing and Health Studies, Southeastern Louisiana University

Contributor, Commission of Accreditation of Athletic Training Education Annual Report (Fall 2022 - Summer 2023)

Reviewer, Graduate Applications – MS in Athletic Training (Spring 2023)

Member, College of Nursing and Health Sciences College Curriculum Committee (Fall 2022 - Spring 2023)

Member, ASK Kinesiology and Health Studies Conference Committee (August 2022- November 2022)

Community Engagement

Member, Heart Safe Community of Louisiana Coalition, Baton Rouge, LA (December 2023 - Present)

Medical Volunteer, Louisiana Marathon, Baton Rouge, LA (January 2022 - Present)

DIRECTED STUDENT LEARNING & RESEARCH MENTORSHIP

Master's Non-Thesis Committee Member

MS in Athletic Training Program, School of Kinesiology, College of Human Sciences and Education, Louisiana State University, Baton Rouge, LA

Mary Malone Adcock (2025)

Madison Cimaroli (2025)

Haylee Coulson (2025)

Lauren Geiger (2025)

Gillian Griffith (2025)

Jordan Haydel (2025)

Cameron Hebert (2025)

Bailey Jones (2025)

Isabella Lourie (2025)

Ainsley Nunnely (2025)

Alona Olivier (2025)

Taylor Rogers (2025)

Lydia Varisco (2025)

Jonathan Zosel (2025)

Rontavia Aranga (2024)

Aryana Brandt (2024)

Erika Clark (2024)

Haley Hanson (2024)

Alexis Luke (2024)

Aubrie Medlin (2024)

Daniela Palacios (2024)

Trinity Saltaformaggio (2024)

HONORS AND AWARDS

Gold Medal of Excellence in Athletic Training, Sacred Heart University, 2020
EATA Student Scholarship Program, 2017
Pioneer Award, Sacred Heart University, 2016
Thomas More Honors Scholar, Sacred Heart University, 2015

PROFESSIONAL LICENSES AND CERTIFICATIONS

Current

Certified Athletic Trainer, Board of Certification #2000038685
Licensed Athletic Trainer, Louisiana State Board of Medical Examiners #332261
National Provider Identifier (NPI), #1649788118
BLS Provider, American Heart Association, Exp. July 2027
BLS Instructor, American Heart Association, #24014088406
Corrective Exercise Specialist, National Academy of Sports Medicine (2025 - Present)
Adult Mental Health First Aid Provider, National Council for Mental Wellbeing (2024 - Present)
Adult Mental Health First Aid Instructor, National Council for Mental Wellbeing (Exp. August 2027)
Suicide Prevention Gatekeeper, QPR Institute (2024 - Present)
Level I Certified Instructor, Progressing Ballet Technique (2021 - Present)

Past

Licensed Athletic Trainer – State of Florida #AL5972 (2020 - 2023)
Athletic Trainers' Association of Florida (2020-2023)
East Athletic Trainers' Association (2018-2020)
Connecticut Athletic Trainers' Association (2018-2020)

PROFESSIONAL MEMBERSHIPS

Current

Louisiana Athletic Trainers' Association (2022 - Present)
Louisiana Association for Health, Physical Education, Recreation, and Dance (2022-2024)
Southeast Athletic Trainers' Association (2020 - Present)
Performing Arts Athletic Trainers' Society (2020 - Present)
Performing Arts Medicine Association (2020 - Present)
National Athletic Trainers' Association, #110800 (2018 - Present)

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National Strength and Conditioning Association (2021-2023)

Athletic Trainers' Association of Florida (2020-2023)

East Athletic Trainers' Association (2018-2020)

Connecticut Athletic Trainers' Association (2018-2020)